

A-Z OF TREATMENTS/THERAPIES
as at 27 November 2012

Part II section 4 of the London Local Authorities Act 1991 defines a special treatment as follows:

Massage, manicure, acupuncture, tattooing, cosmetic piercing, chiropody, light, electric, vapour, sauna or other baths or treatments of a like kind.

The treatments marked with an * are not a special treatment unless they are carried out in conjunction with a massage.

The treatments marked with a ° are not a special treatment unless they are carried out with the use of a laser.

This list is produced by the ‘London Special Treatment Group’ made up of representatives from the majority of the 32 London Boroughs and is updated approximately once a quarter.

TREATMENT	LICENSABLE SPECIAL TREATMENT	DECISION DATE	CATEGORY
ACUPRESSURE	Yes	17.6.2004	Massage
ACUPUNCTURE	Yes	17.6.2004	Acupuncture
ALEXANDER TECHNIQUE	No	17.6.2004	
ANTHROPOSPHICAL MEDICINE	Yes	17.6.2004	Massage
AROMATHERAPY (see Meta Aromatherapy)	Yes	17.6.2004	Massage

AURICULAR ACUPUNCTURE(see Acupuncture)			
AUTOGENIC TRAINING	No	17.6.2004	
AYURVEDIC MEDICINE	Yes	17.6.2004	Massage
BACH FLOWER REMEDIES	No	17.6.2004	
BATES METHOD	No	17.6.2004	
BEADING	Yes	17.6.2004	Cosmetic Piercing
BI AURA THERAPY	No	5.2.2008	
BIORESONANCE THERAPY	No	22.11.2007	
BIO SKIN JETTING	Yes	19.7.2006	Cosmetic Piercing
BLEACHING	No	17.6.2004	
BODY MASSAGE	Yes	18.5.2006	Massage
BODY PIERCING	Yes	18.5.2006	Cosmetic Piercing
BODY TALK	Yes	23.10.2008	Massage
BODY WRAPS/ENVELOPMENT	No	18.1.2005	
BOTOX	No	17.6.2004	

BOWEN TECHNIQUE	Yes	17.6.2004	Massage
BRANDING	No	17.6.2004	
(BSSF) BE SET FREE FAST	No	23.10.2008	
BUTEYKO	No	22.11.2007	
CHAMPISSAGE (Indian Head Massage)	Yes	17.6.2004	Massage
CHEMICAL /FRUIT PEELS	No	17.9.2012	
CHIROPODY /Podiatry)	Yes	18.1.2005	If HPC registered a licence is not required
CHIROPRACTIC	Yes	18.1.2005	If HPC registered a licence is not required
CHOLESTEROL TESTING	No	23.5.2007	
COLLAGEN IMPLANTS (Cosmetic Fillers)	No	17.6.2004	
COLONIC IRRIGATION	No	17.6.2004	
COLOUR THERAPY (Chromatherapy)	Yes	17.6.2004	Light
CRANIOSACRAL THERAPY	No	17.6.2004	
CRYOTHERAPY(chamber therapy)	No	24.4.2008	

CRYSTAL/ELECTRO CRYSTAL HEALING	No	22.11.2007	
CUPPING	No	21.7.2005	
DERMAL ANCHORS	Yes	10.3.2011	Cosmetic Piercing
DERMABRASION	No	10.3.20211	
DERMAROLLER	No	10.3.2011	
DETOX BOX (see Sauna)	Yes	14.11.2006	Sauna
DO IN	No	17.6.2004	
DRACULA THERAPY (Stimulated Self Serum Skin The	No	30.11.2010	
DRY NEEDLING	Yes	5.8.2010	Acupuncture
ELECTROLYSIS (Hair Removal)	Yes	17.6.2004	Cosmetic Piercing
ADVANCED ELECTROLYSIS (Moles , Warts, Skin Tags)	Yes	21.7.2005	Cosmetic Piercing
(EFT) EMOTIONAL FREEDOM TECHNIQUE	Yes	23.10.2008	Massage
ENDERMOLOGIE	Yes	18.5.2006	Electric
EYEBROW TREATMENTS	No	18.1.2005	

EYELASH TREATMENTS	No	17.6.2004	
* FACIALS (inc peels)	No	19.7.2006	Only licensable if combined with a facial Massage or lasers
FACIAL STEAMERS	Yes	16.6.2011	Vapour
FAIRBANE METHOD/TANGENT METHOD	Yes	17.6.2004	Massage
FARADISM	Yes	17.6.2004	Electric
FELDENKRAIS	No		
FISH PEDICURES	Yes	16.6.2011	Baths
FLOATATION TANK	Yes	17.6.2004	Baths
FOOT DETOX	Yes	17.6.2004	Electric/Baths
FREEWAY - CER	Yes	23.10.2008	Massage
GALVANISM	Yes	17.6.2004	Electric
GLUCOSE TESTING	No	23.5.2007	
GRINBERG METHOD	Yes	23.10.2008	Massage
GYRATORY MASSAGE	Yes	17.6.2004	Massage
HALOTHERAPY /SPELIOTHERAPY	Yes	23.10.2008	Vapour

HELLERWORK	No	17.6.2004	
HENNA TATTOOS	No	18.1.2005	
HERBAL MEDICINE	No	18.1.2005	
HERBAL MOLE REMOVAL	No	8.9.2011	
HIGH FREQUENCY	Yes	17.6.2004	Electric
HIRUDOTHERAPY(leech therapy)	No	8.9.2011	
HOLISTIC MASSAGE	Yes	18.5.2006	Massage
HOMEOPATHY	No	18.1.2005	
HOPI EAR CANDLES(See Thermo Auricular Therapy)			
HOT AIR MASSAGE	Yes	23.10.2008	Massage
HYALURONIC ACID (Cosmetic fillers)	No	17.6.2004	
HYDROTHERAPY	Yes	17.6.2004	Baths
HYPNOTHERAPY	No	17.6.2004	
INDIAN HEAD MASSAGE (see Champissage)			
INFRA RED	Yes	17.6.2004	Light

IRIDOLOGY	No	17.6.2004	
KEN EYERMAN TECHNIQUE	Yes	23.10.2008	Massage
KINESIOLOGY	No	18.1.2005	
KIRILIAN PHOTOGRAPHY	Yes	5.2.2008	Electric
KOREAN HAND THERAPY	Yes	17.6.2004	Acupuncture
LASERS/INTENSE PULSE LIGHT	Yes	17.6.2004	Light
LEECH THERAPY (Hirudotherapy)			
LIPO LASER (IPL/LASER)			
LUMI LIFT/LUMI FACIALS	Yes	23.10.2008	Electric / Light
MANICURES	Yes	17.6.2004	Manicures
MANUAL LYMPHATIC DRAINAGE	Yes	17.6.2004	Massage
MARMA THERAPY	Yes	17.6.2004	Massage
MERIDIAN THERAPIES (see EFT, TAT, BSFF, TFT , Freeway –cer)			
META AROMATHERAPY	Yes	22.11.2007	Massage
METAMORPHIC TECHNIQUE	Yes	17.6.2004	Massage

MICRO CURRENT THERAPY / non surgical face lifts)	Yes	18.1.2005	Electric
MICRODERMAL ANCHORS	Yes	23.10.2008	Cosmetic Piercing
MICRO –DERMABRASION	No	21.7.2005	
MICROPIGMENTATION (semi-permanent make up)	Yes	17.6.2004	Tattooing
MOXIBUSTION	Yes	18.1.2005	Acupuncture
N.A.E.T (Namripad Allergy Elimination Technique)	Yes	21.7.2005	Acupuncture
NAIL EXTENSIONS	Yes	17.6.2004	Manicures like kind
NATUROPATHY	No	18.1.2005	
NO HANDS MASSAGE	Yes	23.10.2008	Massage
NON SURGICAL FACE LIFTS (Microcurrent)			
NORRIS TECHNIQUE	No	18.1.2005	
OSTEOMYOLOGY	Yes	5.5.2009	Massage/Acup uncture
OSTEOPATHY	Yes	18.1.2005	If HPC registered a licence is not required
OXYGEN THERAPY – (Oxygen Bars only)	Yes	5.2.2008	Vapour
PEDICURE	Yes	17.6.2004	Manicures like kind

PHYSIOTHERAPY	Yes	17.5.2005	If HPC registered a licence is not required
PODIATRY (Chiropody)			
POLARITY THERAPY	Yes	17.6.2004	Massage
QI GONG	Yes	17.6.2004	Massage
RADIO FREQUENCY		To be discussed 8.12.2011	
RADIONICS	No	17.6.2004	
REFLEXOLOGY	Yes	17.6.2004	Massage
REMEDIAL MASSAGE			
REIKI	No	17.6.2004	Licensable if carried out with a massage
ROLFING	Yes	17.6.2004	Massage
SAUNA	Yes	17.6.2004	Sauna
SCARIFICATION	No	19.7.2006	
SCENAR THERAPY	Yes	22.11.2007	Electric
SCHMAIZING	No	19.7.2006	
SCLEROTHERAPY	Yes	17.6.2004	By Medical Practitioners Only
SEMI PERMANENT MAKE UP			

(Micropigmentation)			
SHIATSU	Yes	17.6.2004	Massage
SPA	Yes	17.6.2004	Baths
SPORTS MASSAGE	Yes	18.5.2006	Massage
SPRAY TANNING	No	21.7.2005	
STEAM ROOM/BATH	Yes	18.1.2005	Vapour/Bath
STONE THERAPY	Yes	17.6.2004	Massage
SUGARING	No	17.6.2004	
(TAT) TAPAS ACUPRESSURE TECHNIQUE	Yes	23.10.2008	Massage
TATTOO REMOVAL	Yes	21.7.2005	Cosmetic Piercing/ Tattooing
TATTOOING	Yes	17.6.2004	Tattooing
TEETH WHITENING	No	16.11.2006	
TEMPTOOING	Yes	24.4.2008	Tattooing
(TFT) THOUGHT FIELD THERAPY	No	23.10.2008	
THAI MASSAGE	Yes	18.5.2006	Massage
THALASSATHERAPY	Yes	17.6.2004	Baths

THERAPEUTIC/HOLISTIC MASSAGE	Yes	14.9.2006	Massage
* THERMO AURICULAR THERAPY (Hopi Ear Candles)	No	17.6.2004	Licensable if carried out with a facial massage
THREADING	No	17.6.2004	
TONGUE SPLITTING	No	23.10.2008	
TONING BEDS	No	18.4.2006	
* TRICHOLOGY	No	18.1.2005	Licensable if carried out with a head massage
TUI – NA	Yes	17.6.2004	Massage
ULTRA SONIC	Yes	19.7.2006	Electric
ULTRA SOUND	No	10.3.2011	
ULTRA VIOLET TANNING	Yes	18.1.2005	Light
VACUUM SUCTION	No	17.6.2004	
WAXING	No	17.6.2004	